

# Where do we get our goals?

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Our mind is filled with goals. Our goals direct our life in the short-term, moment-by-moment, and in the long-term, year-by-year. Where do these goals come from? Where do we get our goals?

To put this in perspective, imagine the following. Suppose that there were no people on the earth and that you could magically create ten adult humans and put them somewhere on the earth in close proximity to each other. But suppose that they have no knowledge of anything. What would they do? How would they develop goals?

In case anyone wishes to respond to this inquiry online, I've created a discussion thread.

In our last meeting, we discussed why skill is the key to understanding human nature. But skill implies goals, so in this meeting, we'll continue the topic of skill, completing what we didn't complete last time, and we'll expand our discussion into the realm of goals.

## **Meeting format**

We'll cover the foregoing material interactively, discussing the concepts as we proceed.